



**CDC CERTIFIED DIVORCE COACH®
CDC DIVORCE TRANSITION AND
RECOVERY COACH®**

Dual certification for:

- Family and Matrimonial Attorneys
- Family Mediators
- Mental Health Professionals
- Financial Experts
- Trained Coaches, and
- Other professionals from various walks of life .



Board Certified Divorce Coach

Divorce Coaching is a dispute resolution process, defined as a flexible, goal-oriented process designed to support, motivate, and guide people going through divorce to help them make the best possible decisions for their future, based on their particular interests, needs, and concerns.

Divorce coaching is a dispute resolution process—both practical and transformative -designed to help your client to:

- Overcome the overwhelm of divorce;
- Have more confidence in their ability to handle ALL phases of divorce, from pre to post-divorce and everything in between;
- Develop clearer thinking about big and small decisions they make every day; and
- Avoid the biggest mistakes in divorce.



UPCOMING TRAINING DATES

DIVORCE COACHING INTENSIVE

January 4/5—April 21/22, 2022

May 3/4 - Aug 18/19

Aug 23/24—Dec 15/16

Two Classes per week

Weekly Class 1

Time A: Tuesdays 12-2:15 pm ET

Time B: Tuesdays 8-10:15 pm ET

Time C: Wednesdays 9– 11:15 am ET

Weekly Class 2

Time D: Thursdays 12-2:15 pm ET

Time E: Thursdays 8-10:15 pm ET

Time F: Fridays 9-11:15 am ET

The schedule adjusts to time change in the U.S. in March and November.

COURSE LEADERS

Classes are held via ZOOM Meeting so that you can participate from anywhere you have internet access.

Randall R. Cooper, MBA, CDC®

Certified Financial Planner® - CDFA

Supreme Court of Florida - Certified Family Mediator

Pegotty Cooper, MBA, CDC®

CTA Certified Coach, Certified Narrative Coach

Conflict Dynamics Profile & EQ-I Practitioner

Plus our panel of 8 other expert mental health and divorce professionals plus 2 marketing pros.

PROGRAM PRICES

Divorce Coaching Intensive: \$ 4,400

Divorce Coaching Intensive with a Professional Discount for those with a practice in Law, Mediation, Mental Health, Divorce Financial Analyst,

Or Life/Executive Coaching: \$3,800

10% discount for payment in full.

Arrange for a **pre-enrollment Q & A call with one of the co-founders:** Go to online calendar <http://bit.ly/CDC-QA> to select the best date and time for you. Be sure to note your time zone.

Divorce Coach Training and Certification

We get results because there are **7 parts of our trademarked dual certification program for CDC Certified Divorce Coach® and CDC Divorce Transition and Recovery Coach®** all included in the course fee and each an important element which helps you to have the confidence and the know-how to provide divorce coaching to your clients and building your divorce coaching practice.

- **Specific Divorce Coaching best practices** – a proprietary divorce coaching process and divorce coaching competencies, specifically designed for working in the most challenging of circumstances with individuals who are stressed and overwhelmed!
- **A structure for working with your divorce clients** –tools which help clients to move from the emotional attachments in divorce to a focus on making the best decisions they can based on their specific needs at each of the three stages in divorce;
- **Mistakes people make in divorce** and the importance of helping them to self-discover new options to avoid these mistakes that can have a big impact on their future or represent unnecessary errors;
- **Business building tools** – including materials, plans and scripts to customize and use for marketing;
- **A registered trademarked Certification** that represents high standards of training, and business practices.
- **Mentor Program** followed by **Peer Coaching** between sessions for coaching practice.

Each Class is limited to 15 participants.

Upon completion of the Divorce Coaching Intensive Course, apply for Board Certification by the CDC Board of Standards®.

The Four Cornerstones of the CDC Certified Divorce Coach Training and Certification



A Professional Standard: Models and best practices, ethics, and professional boundaries.

Personal Excellence: Integrity, presence, and ongoing growth and development.

Foundation of Trust: Building relationships, discovery process, trusting the process, and taking the high road.

Generosity of Spirit:

Delivering more than you expect, royalty-free materials, strategy consultations, celebrating success.

CDC Certified Divorce Coach® A Profession

We have approached this as any other true Profession:

- An activity that requires formal training;
- A set of standards to practice the activity- Standards of Ethics and Professional Responsibility;
- A community or association of individuals who are engaged in the activity to learn and share to strengthen the practice or activity;
- A sense of social responsibility and a duty to serve the needs of others;
- A commitment to continued education in the field of practice; and
- Some form of licensing and community policing or sanctioning of persons who stray from the ethics and professional responsibility.

Who Should Consider Becoming a Certified Divorce Coach?

- If you are already a divorce professional and want to expand the scope of services offered to clients.
- If you already have a coaching practice and want to develop a specialty area of coaching to stand out from the crowd.
- If you have been through divorce yourself and want to share your learning with others and develop a fulfilling new profession.

Family Attorneys and Mediators, Client Relationship Managers and Paralegals, Mental Health Professionals, Certified Coaches, and other Professionals whose lives have been impacted by divorce.



What Makes Divorce Coaching Different from Other Coaching?

Multiple areas of change: relationships-family, friends, in-laws, grandparents, children, relationships as a couple, community engagement, housing, healthcare, finances, education, childcare, career-business, health and wellbeing, identity, and assuming new roles, to name a few!

Intensity of Emotions: denial, resistance, anger, numbness, isolation, aloneness, shame, getting even, getting out, hopelessness, resignation, and throwing in the towel.

A Legal Process: The client is involved in a legal process with its own language and intricacies, stresses and difficulties. Understanding the boundaries between divorce coaching and other divorce professionals is important in gaining credibility and building referral partners.



The Art, Science, Business, and Profession of Personal Divorce Coaching

- *Impacting individuals and families today and into the next generation.*
- *Expanding your ability to work with clients in high stress situations like divorce!*
- *Becoming a trusted thinking partner in all phases of the divorce process.*

In our program you will develop the confidence, the know-how, and a toolkit for working with clients to help them make the best possible decisions for their future. Clients become clearer thinkers, better communicators, and are better organized to understand their options and trade-offs. This has an immediate impact on everyone with whom they engage. Including you! You can build an effective divorce coaching practice or create a new and robust stream of income in your existing practice.

